

Matangi School Rimu and Kahikatea Athletics Day 2025



Kia ora Rimu and Kahikatea whānau,

This year's Athletics Day is on **Friday, 14th November**. To help the day run smoothly, we will need some parent helpers to assist with some events for the Senior Athletics (Year 3-6). **If you can help out for the day**, please send Lauren Dawber an email. Your help is much appreciated.

The age your child was on Monday, 6th October, is the age group they will be competing in at the School and Interschool Athletics.

What to Wear

Children need to wear sports clothes suitable for athletics and a sunhat. They are also encouraged to **come dressed in their house colours**.

Postponement Day

A **message on Hero** will be sent out to all parents at **8am** if **athletics has been postponed**. If the day needs to be postponed, we will communicate with families about the new arrangements for this.

Please find the approximate schedule for the day. Please note, the schedule for the Junior School Athletics is separate.

Athletics TimeTable 2025

8.55 - 9.00 am	Class Preparation Go to the toilet, have a snack and a drink of water. Age of the children written on their hands (age as at Monday 6th October).	
9.00 - 9.10 am	Welcome Seated on cricket pitch at 9:00 am with hats and drink bottles . Housekeeping	

9:10 am	400m races Straight Finals 8-11 year olds					
Times are approximate	80m	Long Jump	Shot Put	Vortex	Break	High Jump/
9:30 - 10:00 am	5 - 7 year olds	8 Year olds	9 Year olds	10 Year olds	11 Year olds	Sprints/ break
10:00 - 10:30 am	Sprints/ break	7 Year olds	8 Year olds	9 Year olds	10 Year olds	11 Year olds
10:30 - 11:00 am	11 Year olds	Sprints/ break	7 Year olds	8 Year olds	9 Year olds	10 Year olds
11:00 - 11:30 am	10 Year olds	11 Year olds	Sprints/ break	7 Year olds	8 Year olds	9 Year olds
11:30 - 12:00 pm	9 Year olds	10 Year olds	11 Year olds	Sprints/ break	7 Year olds	8 Year olds
12:00 - 12:30 pm	8 Year olds	9 Year olds	10 Year olds	11 Year olds	Sprints/ break	7 Year olds
12:30 - 1:20pm	Lunch					
1:20 - 2:20pm	Rolls Sit in houses outside alongside the 80m track - House chants - Sprint finals					

	- House relay (1 boy, 1 girl for each age group from 5-11) teachers to assist house leaders - Teachers vs parents vs children	
2:20 pm	Pack up and back to class.	

Thank you for your continued support,

Lauren Dawber (ldawber@matangi.school.nz)